National Academy of Sports Medicine and California University of Pennsylvania

Have Created This Award

APPLICATION FOR THE

2015/2016

"Pursuit of Excellence in Health & Fitness Award"





AWARD WINNER(S) WILL RECEIVE FULL GRADUATE TUITION AT CALIFORNIA UNIVERSITY OF PENNSYLVANIA (100% ONLINE PROGRAM) DURING THE **2015/2016** ACADEMIC YEAR.

Award winners receive full tuition funding to be applied toward a Master of Science in Exercise Science and Health Promotion at California University of PA- in one of five web-based tracks: Fitness and Wellness, Performance Enhancement and Injury Prevention, or Rehabilitation Science, Sports Psychology, and Wellness Coaching.

NOTE: A fully completed application packet, with all supporting academic transcripts, must be mailed with a postmark no later than **October 17, 2015**.

Eligibility Requirements

- 1. Applicant must have a cumulative overall GPA of at least 3.0 (based on a 4.0 maximum) for ALL undergraduate and graduate courses to date.
- Applicant must plan to enroll in a masters degree program track at California University of Pennsylvania for the December 2015 start-date (award recipient **will not** be required to live in Pennsylvania – Program is 100% online).
- 3. Applicant must confirm his/her intent to pursue a profession in the health and fitness industry as his/her primary means of livelihood.
- 4. Students interested in the Rehabilitation Science track may be required to meet additional requirements.
- 5. International students may be required to meet additional requirements.

Application Instructions

- 1. All sections of the application packet must be fully completed and signed as directed.
 - <u>Section I</u> *General Information* (to be completed and signed by the applicant)
 - <u>Section II</u> Nomination Form / Reference (to be completed and signed by a professional colleague who can attest to the applicant's skills, abilities and scholarly activities as they relate to this application)
 - <u>Section III</u> Nomination Form / Reference (to be completed and signed by a professional colleague who can attest to the applicant's skills, abilities and scholarly activities as they relate to this application)
 - <u>Section IV</u> Applicant's Essay (to be written and signed by the applicant & titled: "How I Will Use This Award to Advance My Career" two (2) Pages or less)
- 2. All information in the application packet (other than signatures) must be typed.
- 3. Application packets must include official transcripts of ALL undergraduate and graduate course work to date. Incomplete application packets will not be processed.
- 4. A fully completed application packet, and ALL academic transcripts, must be mailed to Barry E. McGlumphy, Box 114 ESSS, California University of PA, California, PA 15419; and postmarked no later than **October 17, 2015**.

Evaluation and Award Process

- 1. The award is valued at an amount to cover all 36 program credits. NOTE: Any fees are the responsibility of the awardee.
- 2. Need shall not be a factor in granting this award. Assistance from other sources will not make the applicant ineligible.
- 3. Consideration will be given to the applicant's participation in campus activities in which he/she has demonstrated qualities of leadership and has been a positive example to fellow students and/or co-workers.
- 4. Applicants will be notified of the Selection Committee's decision by November 14, 2015.
- 5. The awardee must enroll in a California University of PA **masters** degree program for the **2015/2016** academic year (in the December 2015 cohort start-date) and is expected to remain enrolled as a full-time student in a **masters** degree program. NOTE: An exception may be granted if the recipient is assigned to active military service or due to other extenuating circumstances acceptable to the Selection Committee.

QUESTIONS??

Contact: **Barry McGlumphy** via Phone: 724-938-4356; OR e-mail: <u>mcglumphy@calu.edu</u>

Section I: General Information

(to be completed and signed by the applicant)

Applicant's Name: Last First Credentials Date of Birth _____ College/University _____ Permanent Address City _____ State Zip Phone Email Cumulative overall GPA (based on a 4.0 maximum) for ALL undergraduate course work to date. Cumulative overall GPA (based on a 4.0 maximum) for ALL masters course work to date. Health & Fitness Industry Experience (including research, publications, etc.)

Organizations/Activities/Positions Held (school, civic, religious, etc.)

Academic Awards/Other Awards/Recognition.

I (do 🗌) (do not 🗌) pla	n to pursue a career	r in the health 8	k fitness industry	as my primary	means of
livelihood.					

I (do) (do not) plan to enroll in CALU's web-based MS program for the December 2015 cohort start-date

I hereby confirm that all of the foregoing information is true and correct.

Signature of Applicant _____ Date _____

Please Type

Last

Section II: Nomination Form / Reference

(to be completed and signed by a professional colleague for the applicant's program, who can attest to the applicant's skills, abilities and scholarly activities as they relate to this application)

<u>Please Type</u>

Applicant's Name:

First

Credentials

Please use the space below to provide your comments in support of the above named applicant. Address the following areas as appropriate: initiative, judgment skills, independence, acceptance of responsibility, leadership, communication skills and dedication to the health & fitness industry. Your statement must be typewritten and limited to the space below.

<copy text here>

NOMINATING PROFESSIONAL COLLEAGUE			
<u>Please Type</u>			
Name	Email		
Position/Title			
Signature	Date		

Section III: Nomination Form / Reference

(to be completed and signed by a professional colleague, who can attest to the applicant's skills, abilities and scholarly activities as they relate to this application)

<u>Please Type</u>

Applicant's Name:

First

Credentials

Please use the space below to provide your comments in support of the above named applicant. Address the following areas as appropriate: initiative, judgment skills, independence, acceptance of responsibility, leadership, communication skills and dedication to the health & fitness industry. Your statement must be typewritten and limited to the space below.

Last

<copy text here>

NOMINATING PROFESSIONAL COLLEAGUE				
<u>Please Type</u>				
Name	Email			
Position/Title				
Signature	Date			

Section IV: Applicant's Essay

(to be written and signed by the applicant) Please use the space below and one other page if needed to provide a statement titled: "How I Will Use This Award to Advance My Career." Your statement must be typewritten and limited to less than two pages. Please **DO NOT** include a resume or any other letters of recommendation.

<copy text>

<u>Please Type</u>

Applicant's Name:

For Applicant Use Only (<u>do not</u> return with application packet)

I will enroll in the appropriate web-based MS Degree if I receive this award.
I will enroll for the December 2015 cohort start-date.
I have confirmed my personal commitment that I intend to pursue a profession in the health & fitness industry as my primary means of livelihood.
I have enclosed a properly completed Section I <i>General Information</i> (to be completed by the applicant).
I have enclosed a properly completed Section II <i>Nomination Form</i> (completed and signed by a professional colleague, who can attest to my applicant's skills, abilities and activities as they relate to this application).
I have enclosed a properly completed Section III <i>Nomination Form</i> (completed and signed by a professional colleague, who can attest to my applicant's skills, abilities and activities as they relate to this application).
I have enclosed a properly completed Section IV <i>Applicant's Essay</i> (to be written and signed by the applicant).
I understand that I must <u>NOT</u> include a resume or any other letters of recommendation in the application packet.
Official transcripts for ALL undergraduate and graduate course work to date.
All information in the application packet (except signatures) is typed.
I understand that incomplete or improperly completed application packets will not be considered for this Excellence Award.
The application packet has been properly completed and mailed, with a postmark no later than October 17, 2015 .

Return the completed application and all official transcripts to: Barry E. McGlumphy, Program Director Box 114 – ESSS California University of Pennsylvania California, PA 15419